



The Catholic Women's League of Canada  
London Diocesan Council



To: All London Diocesan Presidents and Spiritual Development Chairs  
CC: London Diocesan Council; OPC Spiritual Development Chair  
From: Mary Lappan, Second Vice President  
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Directive # 16

*I plead with you – never, ever give up on hope, never doubt, never tire,  
And never become discouraged. Be not afraid. – St. John Paul II*

Greetings to all my CWL sisters,

Never has this quote from St. John Paul II meant as much as it does right now. We are all tired of the restrictions put on our lives but we must not give up hope. Everything we are doing will bring us closer to normalcy.

Advent begins on November 29<sup>th</sup>. This is a time of preparing for the birth of Jesus. These preparations are often of a secular nature and we can be overwhelmed. This year might be an opportunity to grow in faith. Try other ways to prepare and celebrate with your council and family. Keep in touch with your members. This would be a great time to send a Christmas card to all your members. The website [www.PrayMoreNovenas.com](http://www.PrayMoreNovenas.com) will have an Advent retreat starting November 30<sup>th</sup>. Here is a short Advent prayer.

God of love,  
Your son, Jesus, is your greatest gift to us.  
He is a sign of your love.  
Help us walk in that love during the weeks of Advent  
As we wait and prepare for his coming.  
We pray in the name of Jesus, our Savior. *(Author Unknown)*

There are two special “Mary” feast days in December. The Feast of the Immaculate Conception on December 8<sup>th</sup> and the Feast of Our Lady of Guadalupe on December 12<sup>th</sup>. Try to go to mass (or watch on TV) or pray the rosary for an end to this pandemic.

**Remember to stay positive. May you and your families enjoy a safe, healthy and peace filled Advent and Christmas season.**

*Advent increases our hope, a hope which does not disappoint.  
The Lord never lets us down. Pope Francis*

Blessings.

Mary Lappan



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